

Freak'n Farmer Wave Start Times

Please give yourself half an hour before you start to check in!

You Cannot Start the Race without checking in first!

Wave 1 - 11am Departure - Check in by 10:30am

Last Name	First Name
Isabelle	Beaudoin
Mike	Desmond
Steve	McKenzie
Benjamin	Messner
Jennifer	Scudds
shea	Shillitto
David	van den Berg

Wave 2 - 11:05am Departure - Check in bu 10:35am

Teams	
	Blue steel
	I thought you said RUM - 20k

Wave 3 - 11:07am Departure - Check inby 10:35am

Teams	
	Racing Away in FARMERitaville
	Running with Axle
	V-Bar
	Tutu Much Fun
	The Yummy Mummies

Wave 4 - 11:10am Departure - Check in by 10:40am

Erin	Blain
Craig	Cote
James	Cressman
Jim	Cressman
Gina	Epp
Robert	Jones
Madelyn	Klose
Jennifer	Kozevnikov
Shirley	Leibovitch
Tonya	Munns
Kirsten	Riphagen
Craig	Riphagen
MELISSA	TUMLINSON
Jackie	Watson
Alex	koturbash
rylan	koturbash
Max	Johnson
Teams	EAT MY MUD!
	Cirque du sore legs



	The Sarcastic Shurtles
	Foy Boys
	run amuckers



Wave 5- 11:12am Departure - Check in by 10:40am

Teams	FantaSeahawks
	Dirrty Muthers
	Carpe Vinum
	Campoff
	The Procrastinators
	Agony of De Feet

Wave 6- 11:15am Departure - Check in by 10:45am

Teams	Graham cracker clan
	Grape Expectations
	Great Day For Hay
	I thought you said RUM - 10K
	like fun only different
	Mud Slayers

Wave 7 - 11:18am Departure - Check in by 10:50am

Teams	Lake Country Dental Barbarians
	Mud, Sweat & Beers - 10K
	Normal Freak'n Family
	Not Fast Just Furious

Wave 8 - 11:20am Departure - Check in by 10:50am

Teams	Notorious V.A.G
	Pollinators
	Postie Poppers
	Powered by Caffeine
	Results 4 Life Fitness - 10K

Wave 9 - 11:22am Departure - Check in by 10:50am

Teams	Run Like The Wind(ed)
	Staggered Swagger
	Straight Off The Couch
	Sweaty Betty's

Wave 10 - 11:25am Departure - Check in by 10:55am

Teams	Team Awesome
	The Second time
	Vin and Vigor
	WGA Rock Crushers
	Wine Knot
	Yo Mama So FIT

Wave 11- 11:27am Departure - Check in by 10:55am

Teams	Bacchus
	Cluster Cluck
	Daiku Construction



Wave 12- 11:30am Departure - Check in by 11:00am

Teams	Mother Muckers
	Mountain Maniacs
	Mud, Sweat & Beers - 5K
	Results 4 Life Fitness - 5K
	The Breakfast Club
	The Freak'n moms



Wave 13- 11:33am Departure - Check in by 11:00am

Teams	Trail Snack Eaters
	Weekend Warrior Princesses
Individual 5K	
Tammy	Collier
Niklaus	Durisek
Kate	Durisek
Ria	Hayden
Annette	Star
Nakita	Star
Maya	Abels
Nicola	Abels
Corwin	Cote
Aideira	Leibovitch
Liam	Macphail
Luke	TUMLINSON

Wave 14- 11:35am Departure - Check in by 11:00am

Teams	Cool Beanz
	Just a Second
	Team Lowry
	The Freakin Females
	The Purple Pinatas
	TOFC
	Vsco girls
	Penticton Air Cadets
	Ray
	Team Stewart
	The Young and the Breathless

